

2019 Healthy Hike & Run

健康遠足及跑步賽



Healthy Hike & Run - 13k - 10-Mar-2019

OVERALL TOP 5 MEN

Rankings									Timing
Overall	Category	Gender	Name	Gender	Category	Country	BIB	Status	Race Time
1	1	1	Wat King Long	M	Men 14-39	HKG	650	FINISHER	01:00:23
2	2	2	Rayda Kezaz	M	Men 14-39	FRA	696	FINISHER	01:02:23
3	1	3	Stephen Higgins	M	Men 40-49	GBR	622	FINISHER	01:05:49
4	2	4	Michael Cheung	M	Men 40-49	HKG	589	FINISHER	01:08:38
5	3	5	Ho Ting Chu	M	Men 14-39	HKG	603	FINISHER	01:08:41

OVERALL TOP 5 WOMEN

Rankings									Timing
Overall	Category	Gender	Name	Gender	Category	Country	BIB	Status	Race Time
17	1	1	Justine Clark	F	Women 40-49	GBR	685	FINISHER	01:20:10
21	1	2	Nicky Inge	F	Women 14-39	HKG	670	FINISHER	01:21:11
29	2	3	Rachael Spitzer	F	Women 14-39	NZL	465	FINISHER	01:25:18
34	2	4	Tara Perrin	F	Women 40-49	USA	409	FINISHER	01:26:31
35	3	5	Carolynn Crane	F	Women 14-39	CAN	669	FINISHER	01:27:29

TOP 3 Men 14-39

Rankings									Timing
Overall	Category	Gender	Name	Gender	Category	Country	BIB	Status	Race Time
1	1	1	Wat King Long	M	Men 14-39	HKG	650	FINISHER	01:00:23
2	2	2	Rayda Kezaz	M	Men 14-39	FRA	696	FINISHER	01:02:23
5	3	5	Ho Ting Chu	M	Men 14-39	HKG	603	FINISHER	01:08:41

TOP 3 Men 40-49

Rankings									Timing
Overall	Category	Gender	Name	Gender	Category	Country	BIB	Status	Race Time
3	1	3	Stephen Higgins	M	Men 40-49	GBR	622	FINISHER	01:05:49
4	2	4	Michael Cheung	M	Men 40-49	HKG	589	FINISHER	01:08:38
6	3	6	King Ho Yeung	M	Men 40-49	HKG	561	FINISHER	01:11:30

TOP 3 Men 50+

Rankings									Timing
Overall	Category	Gender	Name	Gender	Category	Country	BIB	Status	Race Time
12	1	12	Tin Sang Nam	M	Men 50+	CHN	467	FINISHER	01:13:46
13	2	13	Wu Wai Ki	M	Men 50+	HKG	415	FINISHER	01:14:04
19	3	18	Nirmal Kumar Rai	M	Men 50+	NPL	616	FINISHER	01:20:48

TOP 3 Women 14-39

Rankings									Timing
Overall	Category	Gender	Name	Gender	Category	Country	BIB	Status	Race Time
21	1	2	Nicky Inge	F	Women 14-39	HKG	670	FINISHER	01:21:11
29	2	3	Rachael Spitzer	F	Women 14-39	NZL	465	FINISHER	01:25:18
35	3	5	Carolynn Crane	F	Women 14-39	CAN	669	FINISHER	01:27:29

TOP 3 Women 40-49

Rankings									Timing
Overall	Category	Gender	Name	Gender	Category	Country	BIB	Status	Race Time
17	1	1	Justine Clark	F	Women 40-49	GBR	685	FINISHER	01:20:10
34	2	4	Tara Perrin	F	Women 40-49	USA	409	FINISHER	01:26:31
41	3	6	Justine Lau	F	Women 40-49	HKG	507	FINISHER	01:29:02

TOP 3 Women 50+

Rankings									Timing
Overall	Category	Gender	Name	Gender	Category	Country	BIB	Status	Race Time
46	1	8	Hazel Walpole	F	Women 50+	GBR	679	FINISHER	01:30:00
49	2	10	Kit Mui Corinna Wong	F	Women 50+	HKG	572	FINISHER	01:30:40
85	3	21	Rachel Catanach	F	Women 50+	NZL	642	FINISHER	01:45:04